



Maxima NDIS
Allied Health,
Plan Management,
Support Coordination,
Recovery Coaching &
Employment Supports

We are a dedicated team that specialise in Allied Health, Plan Management, Support Coordination, Recovery Coaching and Employment Supports.

We take away the stress of managing NDIS budgets, finding providers and supports, and find and keep a job you'll love.

- Face to face, online or over the phone
- Flexible access
- Backed by reputation
- Registered NDIS provider

Have an NDIS question or want to register for a Maxima NDIS service?

Give our friendly Maxima NDIS team a call on **1300 629 462** or visit **maxima.com.au/ndis** and fill out a quick enquiry form, and we'll call you back. Alternatively, to register your interest or for more info about our NDIS services, scan the QR.



1300 MAXIMA | maxima.com.au

Maxima is a not-for-profit community organisation, and for more than 35 years has worked with individuals and businesses to provide recruitment, training, employment and support services across Australia.





Maxima NDIS Allied Health

Our Allied Health Professionals offer quick and easy face-to-face and Telehealth appointments for people with an NDIS plan, anywhere across Australia for Physiotherapy, Occupational Therapy and Exercise Physiology plus no wait times for appointments. We can also come to you - in-home, community facilities, work or school.

Pathology domains covered by the services include cardiovascular, metabolic, neurological, musculoskeletal, cancers, kidney, respiratory / pulmonary and mental health, and any other conditions for which there is evidence that exercise can improve the client's clinical status.

How to Refer

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Registered NDIS Provider 405 002 3996



Maxima NDIS Allied Health

Physiotherapy

Our physiotherapists work across paediatric, neurological, musculoskeletal, and mental health to support functional movement and pain management in people with an NDIS plan. Our NDIS physiotherapy team is fully qualified, insured and registered with the Australian Health Practitioner Registration Agency (AHPRA).

How we help

Exercise programs to improve mobility and strengthen muscles

Joint manipulation / mobilisation to reduce pain and stiffness

Muscle re-education to improve control

Airway clearance techniques and breathing exercises

Soft tissue mobilisation (massage)

Acupuncture and dry needling

Hydrotherapy

Advice and assistance with use of mobility aids, such as walking sticks and wheelchairs

Eligibility Requirements

'Therapeutic Supports' included in your NDIS Plan.

Occupational Therapy

We work closely with you and your support network to maximise your independence. Our NDIS Occupational Therapy team is fully qualified, insured and registered with the Australian Health Practitioner Registration Agency (AHPRA). We have the equipment, skills and qualifications to carry out assessments and clinically based interventions, with a focus on focus on physical, psychosocial, sensory and cognitive disabilities.

How we help

Assessments / Assistive Technology Assessments for specialised equipment prescription

Manual handling / Pressure care education and therapy

Therapy and rehabilitation

Dementia Care and Planning

Home modifications

Falls Prevention

Eligibility Requirements

'Therapeutic Supports' included in your NDIS Plan.

Exercise Physiology

Our exercise physiologists are equipped with the knowledge, skills and competencies to design, deliver and evaluate safe and effective exercise interventions for people with acute, sub-acute or chronic medical conditions, injuries or disabilities. Our NDIS Exercise Physiology team is fully qualified, insured and registered with Exercise and Sports Science Australia (ESSA).

How we help

Neurological rehabilitation

Gait and transfer exercises to assist in daily functioning

Functional capacity reports

Individualised home exercise programs

Movement programs to reduce pain and stiffness

Muscle re-education after injury

Balance and falls prevention classes

Floor to standing mobility training for elderly

Pulmonary/respiratory exercises for respiratory conditions such as cystic fibrosis, bronchitis and asthma

Hydrotherapy to assist with chronic pain, oedema, mobility, strength, and range of motion

Eligibility Requirements

'Therapeutic Supports' included in your NDIS Plan.

Developmental Education

Our developmental educators collaborate with people with disability to promote inclusion and address attitudinal and environmental barriers, employing a range of professional and technical skills including applying developmental, behavioural, learning and social theories; assessing the person and their environment; collaborative planning and goal setting; teaching skills through evidence based instructional strategies; supporting life transitions; programming, monitoring and evaluation; advocacy; community education; and capacity building.

How we help

Developmental and functional behavioural assessments

Developing and implementing positive behaviour support programs

Teaching functional life skills including social, communication, self-care, daily living, recreation, and employment

Providing case management, specialist support coordination, and counselling supports to people with disability

Assisting people with disability to set and attain individual goals

Working and liaising with families, service providers, allied health professionals, and community members to enhance the choice, social inclusion and quality of life for people with disability

Facilitating self-advocacy and / or advocate on behalf of people with disability

Supporting individuals with disability to transition to access and maintain meaningful vocational experiences

Helping families, caregivers and individuals with disability understand the impact of disability on a person's daily functioning

Eligibility Requirements

'Improved daily living' under capacity supports in your NDIS plan.





Maxima NDIS Plan Management



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Maxima NDIS Plan Management



Plan Managers

Maxima Plan Managers take the pressure away from dealing with the financial management of your NDIS plan, and work alongside you to make the most of your budget. Our team work locally, giving you the choice to work with a Plan Manager who is based in a Maxima office near you, in a way that suits you best.

How we help

- Communicate the way you want – face to face, online or over the phone
- Manage and monitor your budget to keep you on track
- Manage NDIS claims and paying invoices to providers for services delivered
- Provide regular statements, including regular update notification of any over or under spending
- Training and new skills development to increase choice, control and independence, or preparing to self-manage your NDIS funding in the future

Eligibility Requirements

'Improved Life Choices' included in your NDIS Plan*

**Under Improved Life Choices support categories, Plan Management falls under "Financial administration of a participants NDIS plan" and/or "Financial management capacity building supports and training".*

If you do not have this listed in your plan, check with your NDIA planner or Local Area Coordinator.

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Maxima NDIS
Support
Coordination



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Maxima NDIS Support Coordination



Support Coordinators

Navigating the NDIS and your needs can be challenging, daunting and time consuming. This is where your Support Coordinator fits in – we will help you unpack your NDIS Plan and assist you in building your skills and independence to navigate the system yourself.

Support Coordination at Maxima is all about capacity building and goal achieving – working with you to find the supports you need and want, build your skills and independence, and staying by your side to get to where you want to go.

How we help

- Connect to NDIS and other supports
- Broker supports and services in line with your wishes and plan budget
- Monitor plan budgets and support effectiveness
- Build capacity and capability to understand your NDIS Plan, navigate the NDIS and make your own decisions

Eligibility Requirements

'Capacity Building – Support Coordination' included in your NDIS Plan*

**Where considered reasonable and necessary, an allocation of Support Coordination funding will be included in the Capacity Building budget of an NDIS Plan. If an NDIS plan states the level of Support Coordination that has been funded, you are only eligible for this level of support (listed as level 1, 2, 3, or Psychosocial Recovery Coaching). If an NDIS plan does not state the level of Support Coordination, you are eligible for all levels of Support Coordination or Psychosocial Recovery Coaching.*

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Maxima NDIS
Psychosocial
Recovery
Coaching



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Maxima NDIS Psychosocial Recovery Coaching



Psychosocial Recovery Coaches

Our Maxima Psychosocial Recovery Coaches use the principles of recovery-oriented practice to support people living with psychosocial disability to live a full and contributing life.

This is accomplished through strong and respectful relationships, and by supporting you to build capacity, resilience and connection to community.

How we help

Provide coaching to build independence through increased recovery and improve decision making skills.

Build capacity and capability to navigate the NDIS and understand your NDIS plan

Work with you to develop personalised Recovery and Crisis Management Plans

Eligibility Requirements

'Capacity Building – Support Coordination' included in your NDIS Plan*

**Where considered reasonable and necessary, an allocation of Support Coordination funding will be included in the Capacity Building budget of an NDIS Plan. If an NDIS plan states the level of Support Coordination that has been funded, you are only eligible for this level of support (listed as level 1, 2, 3, or Psychosocial Recovery Coaching). If an NDIS plan does not state the level of Support Coordination, you are eligible for all levels of Support Coordination or Psychosocial Recovery Coaching.*

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Maxima NDIS
Employment
Supports



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Maxima NDIS Employment Supports



NDIS School Leaver Employment Supports (SLES)

School Leaver Employment Supports (SLES) is an early intervention approach for Year 12 school leavers, designed to develop a strategy to help build skills and confidence that support transition from school to employment. Maxima delivers SLES to help young people access meaningful, individualised capacity building activities so they can achieve their employment goals.

How we help

Delivery of the program is 1:1, in a group or a mix of both

Support work experience and on the job training

Deliver life skills training such as budgeting and travel to support you in life's journey

Develop soft skills such as communication, self-advocacy and working with others to support you in building professional relationships at work

Industry tasters and vocational training to help find a match with an employer

Eligibility Requirements

'School Leaver Employment Supports' included in your NDIS Plan

NDIS Finding and Keeping a Job (FAKAJ)

'Finding and Keeping a Job' supports are available to participants of any age who have 'Finding and Keeping a Job' in their NDIS Plan. These supports are designed to build your capacity on the pathway to employment. Once in employment, Maxima provides ongoing support in the workplace. Our flexible options offer you the chance to explore a range of work experiences and develop employability skills.

How we help

Consider your career goals, abilities and skills to help you find your right fit

Explore which jobs and industries interest you

Build your capacity for work, confidence and employment preparation skills

Utilise our networks and consultants to find the right job opportunities and work experience openings

Focus on your abilities, not your disabilities

Develop a tailored plan to help you find and keep a job

Eligibility Requirements

'Finding and Keeping a Job' included in your NDIS Plan

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